The Rose Review



July 2021

A Message from Erik Krull

VP Sales & Marketing

Rose Construction has been very fortunate to work with many great clients over the years and our current projects are no exception. I know all of us want to make the world a better place, but we may not always understand our role in how to do that.

You are doing that every day you come to work. Our team recently assisted the Naifeh family to renovate their grocery store in Covington. Our expertise and quality work has helped them to grow their business. Our team has helped them pass this family business along to a fifth generation. It has been a beautiful project and is one of which we should all be proud.

At the LeBonheur project, our work will allow sick kids and their families to get outside and get some fresh air. Many of those kids can be hospitalized for weeks at a time. This space will allow them to feel a little bit of normalcy and escape the stress of a traumatic situation for at least a few moments.

Helping our clients realize their potential through their facilities is an important part of what we do. Whether at an auto dealership like Newton Ford or an exciting new business venture like Uncle Nearest, our motto has always been "Joining our clients in pursuit of *their* goals!"

The Rose Construction team makes a huge impact on our community around us. Thank you all for all you do. You make our company and our community better with your efforts.



Willie W. – July 1

Chris B. – July 2

Mike S. – July 11

Jose C. – July 11

Lenora M. - July 30

Rachel H. - August 8

James W. – August 21

David C. – August 23

Cindy D. – August 23

Justin R. – August 26

Donnie B. – August 31

Dates of Remembrance



OUR OFFICE WILL BE OBSERVING THIS
HOLIDAY ON JULY 5TH

OUR MISSION



Rose Construction is working hard as we reach the middle of 2021 year. Here are some progress updates on a few of our projects...

Atoka Roundabout – Atoka, TN





LeBonheur Green – Memphis, TN





Uncle Nearest Distillery - Shelbyville, TN





Jack's Restaurant – Covington, TN



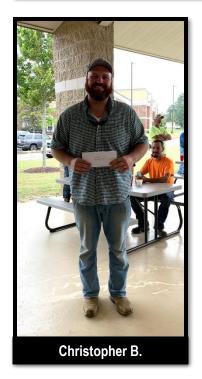


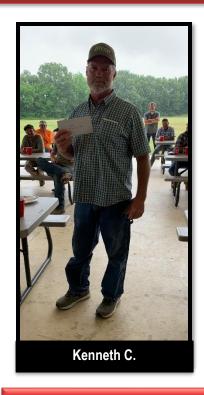
Projects Not Pictured: Margaritas – Millington, TN Dobbs/Peterbilt - Little Rock, AR Unilever – Covington, TN Ibberson Tyson Facility – Newbern, TN

Thompson Machinery – Jackson, TN Fastimes – Whiteville, TN Koppers Parking -Millington, TN

Patriot Bank – Arlington, TN ERMCO - Dyersburg, TN Newton Ford - Shelbyville, TN Yates Choctaw COVID Center -Henning, TN

Employee Appreciation Lunch



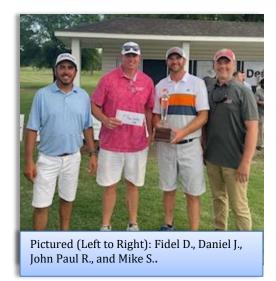






At Rose Construction, we love to celebrate our hard-working staff. In May, we had an employee lunch at the First Baptist Church Pavilion. There were a few prizes given out, some fellowship, and a lot of laughs.





The Rose Construction team claimed

1st place in the Industrial

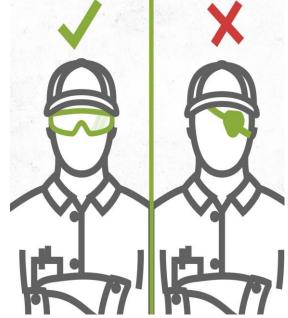
Appreciation Golf Tournament held
by Covington Chamber of Commerce
at Covington Country Club. Awesome
job guys!

New equipment purchased by Rose Construction from Thompson Machinery. Thank you for the continued partnership!



Eye Protection Safety on the Jobsite

Every year, over 100,000 workers sustain eye injuries on the job. These types of injuries are among the easiest to prevent with the right eye protection. The correct eye protection needs to be fitted correctly, maintained efficiently, and always worn. If you are unsure of what eye protection you need, ask your supervisor. Eye injury can occur from sparks, splashing metals, corrosive chemicals, flying particles, flying objects, or poisonous gases. You need to be prepared for any type of hazard on the jobsite, so thinking ahead to pack your eye protection is the best policy before you leave home.



There are several types of protection that you can wear to keep your eyes safe from any injury when properly worn. These are: safety glasses, safety goggles, chemical goggles, and face shields. All these protective eye gear need to meet the ANSI Z87.1 standard. In some circumstances like sand blasting, heavy grinding or chipping, you will need two forms of eye protection like goggles/glasses and a face shield. If you are involved in the use of torch cutting, brazing, or welding, eyewear made to protect against optical radiation will need to be worn.

"Hindsight is 20/20" ... unless you cannot look back because you have lost your eyesight to an injury!

Welcome to the ROSE Family

- CONSTRUCTION-



Pictured on Left: Carson M. joined Rose
Construction full time on May 12th. She works as our Employee Services/
Accounts Payable
Assistant.

Pictured on Right: Justin R. joined Rose
Construction full time on June 14th. He is a team member of our Special Projects Division.



EMPLOYEE SPOTLICHT



Terry S.

Terry S. was born in Covington on January 12th. He has resided in Tipton County his whole life. Terry and his wife, Teresa, have 2 wonderful daughters that have blessed them with 5 very busy grandchildren.

Terry, also known as "T.Y.", has been doing fabulous work with Rose Construction for almost 19 years. He joined Rose Construction in September 2002 as Project Manager. Terry really enjoys his coworkers and building lasting relationships with his clients.

On weekends Terry's days are filled with traveling to watch his 3 grandsons play baseball or basketball and chasing his two granddaughters around. He enjoys grilling in the summer and watching any University of Tennessee sports along with St. Louis Cardinals Baseball.

We are so thankful for Terry and all his hard work for Rose Construction. We are so glad he is a part of our team.

Flexible Spending Account Benefit Program (FSA)

Corporate Planning Network (CPN) is the Administrator of our FSA. The New Customer Portal login access is ACTIVE (ready for set up). You may go to www.cpnflex.com to set up your new account information. New CPN debit cards have been mailed to all participants.

(Remember activation is required before the card will work)

With the new Customer Portal, participating employees have access 24/7 to their account information and many self-service capabilities including the ability to:

- View account balance, history and transaction detail: View the balance of each account, status of historical and pending activity from contributions and funding sources plus claims, and debit transactions.
- Complete online transactions such as claim reimbursements and distributions to their own bank accounts.
- Manage personal information and communication options: View/Update personal data, sign up for and manage direct deposit and card status: sign up for text and email communications.
- Utilize the dashboard: The employee may consolidate all out-of-pocket expenses that are available via online or mobile expense/receipt "shoebox" entries, claims that have been filled and debit card transactions.

Scholarship Opportunities!

We are now accepting applicant names for the Coy & Jeanette Rose Scholarships for Dyersburg State Community College's Fall semester. If you, a child, or grandchild plan to attend DSCC and would like to apply, please email or contact me with the applicant's name and relationship to you. Then I will follow up with you for some additional information about specific courses and costs. The deadline to apply for the Fall semester's scholarship is July 23rd. Please let me know if you have any questions. Thank you. - David C., d.channell@roseconstruction.com

Preventative care, including regular doctor visits, is important for everyone. Men's health is very important to not only the individual, but to their family and friends.

The following screenings are recommended for men to maintain good health and catch health problems early:



<u>Body Measurement:</u> The American Heart Association recommends men over age 20 have body measurements taken every two years. Measuring height, weight, waist and body mass index determines if your weight is a threat to your health.

<u>Blood Pressure:</u> Men should receive blood pressure screenings at least every two years. Preventative screening of blood pressure can lead to early detection of high blood pressure (hypertension), which causes a higher risk of heart attack, stroke, heart failure and kidney damage.

<u>Cholesterol Screening:</u> Men age 20 and over should have their cholesterol tested every five years. High levels of cholesterol raise the risk of heart attack and stroke.

<u>Fasting Blood Sugar:</u> The American Diabetes Association recommends a blood sugar test every three years for men age 45 and older. The fasting blood sugar test measures the level of sugar (glucose) in the blood after fasting for eight hours. High glucose levels can be an indication of diabetes.

<u>Colorectal Cancer Screening:</u> Men age 50 and over should ask their doctor about screenings for colon cancer. Colorectal cancer screening tests detect cancerous cells and growths, or polyps that may become cancerous on the inside wall of the colon.

<u>Prostate Cancer Screening:</u> Prostate cancer is the most common cancer (besides skin cancer) in American men. The ACS suggests that men age 50 and older speak to their doctor about prostate screenings.

<u>Testicular Exam:</u> Testicular cancer is the most common type of tumor in American men between the ages of 15 and 35. For this reason, all men should receive a testicular examination every time they have a physical exam.

Along with these exams, men should have regular **dental cleanings** and exams every 6 months, **eye exams** every year, a **hearing test** every 10 years through the age of 50 and then every three years after, and **skin exams** during regular checkups.

It may seem to be a hassle or unnecessary discomfort to do preventative care. But staying well prevents or helps along the process of getting well. As Thomas Carlyle stated, "He who has health, has hope; and he who has hope, has everything."

HEAT-RELATED ILLNESSES

WHAT TO LOOK FOR

WHAT TO DO

HEAT STROKE

- High body temperature (103°F or higher)
- · Hot, red, dry, or damp skin
- Fast, strong pulse
- Headache
- Dizziness
- Nausea
- Confusion
- Losing consciousness (passing out)

- Call 911 right away-heat stroke is a medical emergency
- · Move the person to a cooler place
- Help lower the person's temperature with cool cloths or a cool bath
- Do not give the person anything to drink

HEAT EXHAUSTION

- Heavy sweating
- · Cold, pale, and clammy skin
- Fast, weak pulse
- Nausea or vomiting
- Muscle cramps
- Tiredness or weakness
- Dizziness
- Headache
- Fainting (passing out)

- Move to a cool place
- · Loosen your clothes
- Put cool, wet cloths on your body or take a cool bath
- · Sip water

Get medical help right away if:

- · You are throwing up
- · Your symptoms get worse
- · Your symptoms last longer than 1 hour

HEAT CRAMPS

- Heavy sweating during intense exercise
- Muscle pain or spasms

- Stop physical activity and move to a cool place
- · Drink water or a sports drink
- Wait for cramps to go away before you do any more physical activity

Get medical help right away if:

- · Cramps last longer than 1 hour
- · You're on a low-sodium diet
- · You have heart problems

SUNBURN

- · Painful, red, and warm skin
- · Blisters on the skin

- Stay out of the sun until your sunburn heals
- Put cool cloths on sunburned areas or take a cool bath
- Put moisturizing lotion on sunburned areas
- Do not break blisters

HEAT RASH

- Red clusters of small blisters that look like pimples on the skin (usually on the neck, chest, groin, or in elbow creases)
- Stay in a cool, dry place
- Keep the rash dry
- Use powder (like baby powder) to soothe the rash





The purpose of our Employee Referral Program is to attract and hire highly qualified candidates for employment by encouraging employees to refer qualified friends and acquaintances to apply. The referral bonus is \$200 per the guidelines of the policy.

We currently have job openings as follows:

- Project Superintendent (West TN)
- Civil Equipment Operator
- Project Superintendent (Middle TN)

Please refer to our website for additional details regarding current job openings:

www.roseconstruction.com